

VOCABULARY OF THE DAY

• Grip

Meaning: to hold somebody/something tightly

Hindi Meaning: व्यक्ति या वस्तु को कसकर पकड़ना



Newspaper: THE INDIAN EXPRESS

Use of the Word:

According to nutritionist Deepsikha Jain, When the **grip** of a handshake is strong it means that the heart can pump blood in higher volumes and proportions which talks about how good the heart health is.

Synonyms: grasp (पकड़)

Antonyms: release (मुक्त करना)

Relevant Question:

Q. Which of the following is an antonym of grip?

- a) hold
- b) catch
- c) clamp
- d) none of the above

Ans. d): none of the above. All the above mentioned words are synonyms of grip.

Similar Sounding Words with Different meaning:

will: इच्छा

wheel: पहिया