

Bank Foundation English PDF 3

Directions (1-8): Read the following passage carefully and answer the questions given below them.

Ayurveda is one of the most renowned traditional systems of medicine that has survived and flourished from ages till date. With the enormous knowledge of nature based medicine, the relationship of human body constitution and function to nature, and the elements of the universe that act in coordination and affect the living beings, this system will continue to **flourish** in ages still to come. There are many avenues still to be explored by the researchers, practitioners and experts in the field who carry the responsibility of keeping the traditional systems of medicine (TSMs) alive and contributing to their growth in the future. However, due to many barriers such as lack of literature sources in different languages and **insufficiency** of awareness about the basic principles and histories of the systems from different ethnic origins, there is a lacuna of exchange of information from systems around the globe.

Knowledge of systems from different ethnic origins would bring about interchange of knowledge and increase the understanding of different systems, and this can ultimately contribute to integration and advancement of herbal drug research when accompanied by collaborative work of researchers from different countries. These futuristic goals can be accomplished when one gains insights about the systems, the principles and histories and works upon the strengthening aspects common between the various TSMs. In this review, we have made an attempt to put forth the basic principles of doctrine and history of Ayurveda to _____ to the above said perspectives.

Ayurveda believes that the entire universe is composed of five elements: Vayu (Air), Jala (Water), Aakash (Space or ether), Prithvi (Earth) and Teja (Fire). These five elements (referred to as Pancha Mahabhoota in Ayurveda) are believed to form the three basic humors of human body in varying combinations. The three humors; Vata dosha, Pitta dosha and Kapha dosha are collectively called as "Tridoshas" and they control the basic physiological functions of the body. Ayurveda it is believed, that a perfect balance between the nature elements and the Tridoshas of the human body should be maintained for a healthy state of living.

Q1. How does the Ayurveda work for the humans?

- (a) Ayurveda cures in a traditional way through nature-based medication.
- (b) Ayurveda establishes a link between the human body and nature
- (c) It reckons the impacts of universal elements' act on a living being
- (d) All of these
- (e) None of these

Q2. What is/are the limitation(s) of the exchange of information throughout the world?

- (a) Overlooking of basic principles and histories of the system from various ethnic origins
- (b) The Ayurveda literature sources aren't available in different languages
- (c) The developed countries have more stringent copyrights rules and regulations
- (d) Every country has its own type of herb production and this limits exchange of information
- (e) Both (a) and (b)

Q3. What is the significance of knowledge of systems from different ethnic origins?

- (a) This will promote the exchange of knowledge and will boost understanding of the different systems.
- (b) This will eventually help in the incorporation and upgradation of herbal drug research.
- (c) This will encourage new international trade agreements in the field of Ayurveda.
- (d) This will attract foreign investments as India is the origin of the Ayurveda and herbs
- (e) Only (a) and (b)

Q4. According to the Ayurveda, what role do Tridoshas play in the human body?

- (a) It supplies stamina to the body to fight external germs in the body
- (b) Tridoshas control only human senses hearing, touch and smell
- (c) It manages the rudimentary physiological functions of the body
- (d) It detoxifies the body and balances different nutrition in the body
- (e) None of these

Q5. Which of the following statements is/are TRUE as per the information given in the passage?

- (i) According to the Ayurveda, the entire universe is the composition of five elements.
 - (ii) Nature elements and the Tridoshas should be balanced perfectly for a healthy state of living.
 - (iii) Reinforcing similar aspects between the many TSMs is one of the steps needed to achieve the exchange of knowledge of the system.
- (a) Only (i)
 - (b) Both (i) & (iii)
 - (c) Only (iii)
 - (d) All are true
 - (e) Both (ii) & (iii)

Q6. Which of the following words is a synonym of 'flourish' given in the passage?

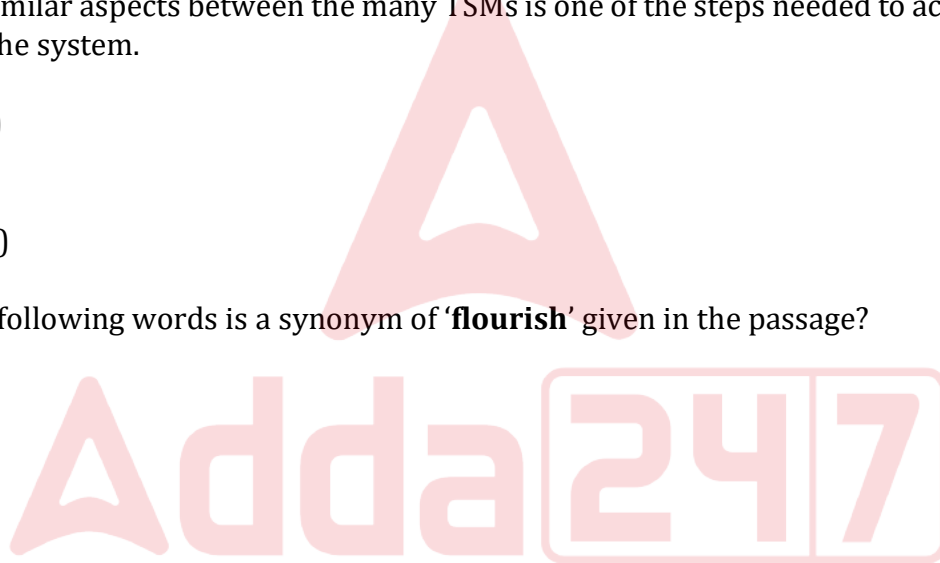
- (a) renegade
- (b) thrive
- (c) rampant
- (d) mitigate
- (e) None of these

Q7. Which of the following words is an antonym of 'insufficiency' given in the passage?

- (a) endure
- (b) sideline
- (c) reiterate
- (d) adequacy
- (e) None of these

Q8. Which of the following can be used to fill the blank given in the passage in order to make a grammatically correct and contextually meaningful sentence?

- (a) contribute
- (b) uprise
- (c) wrath
- (d) pave
- (e) None of these



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Selection ka Saathi

Directions (9-13): In the following passage there are blanks, each of which has been numbered. These numbers are printed below the passage and against each, five options are given. Find out the appropriate word which fits the blank appropriately.

Q9. With schools, colleges and offices allowing studying and working from home, _____ (9) hours of working on computers and laptops have increased chances of _____ (10) an injury due to incorrect posture and strain on muscles. According to health experts, many patients, mostly working professionals, have come in with complaints related to carpal tunnel syndrome and tendonitis in hands and wrists, which make _____ (11) of the hands, wrists and forearms difficult. Left unattended, there is a possibility that these problems could lead to _____ (12) nerve damage, they cautioned. Although most office spaces are designed in a way that _____ (13) long hours at work, our homes lack those facilities.

- (a) firmed
- (b) sustained
- (c) prolonged
- (d) echoed
- (e) uniform

Q10. With schools, colleges and offices allowing studying and working from home, _____ (9) hours of working on computers and laptops have increased chances of _____ (10) an injury due to incorrect posture and strain on muscles. According to health experts, many patients, mostly working professionals, have come in with complaints related to carpal tunnel syndrome and tendonitis in hands and wrists, which make _____ (11) of the hands, wrists and forearms difficult. Left unattended, there is a possibility that these problems could lead to _____ (12) nerve damage, they cautioned. Although most office spaces are designed in a way that _____ (13) long hours at work, our homes lack those facilities.

- (a) developing
- (b) Inclining
- (c) halting
- (d) periling
- (e) amplifying

Q11. With schools, colleges and offices allowing studying and working from home, _____ (9) hours of working on computers and laptops have increased chances of _____ (10) an injury due to incorrect posture and strain on muscles. According to health experts, many patients, mostly working professionals, have come in with complaints related to carpal tunnel syndrome and tendonitis in hands and wrists, which make _____ (11) of the hands, wrists and forearms difficult. Left unattended, there is a possibility that these problems could lead to _____ (12) nerve damage, they cautioned. Although most office spaces are designed in a way that _____ (13) long hours at work, our homes lack those facilities.

- (a) console
- (b) frail
- (c) spate
- (d) friction
- (e) movement

Q12. With schools, colleges and offices allowing studying and working from home, _____ (9) hours of working on computers and laptops have increased chances of _____ (10) an injury due to incorrect posture and strain on muscles. According to health experts, many patients, mostly working professionals, have come in with complaints related to carpal tunnel syndrome and tendonitis in hands and wrists, which make _____ (11) of the hands, wrists and forearms difficult. Left unattended, there is a possibility that these problems could lead to _____ (12) nerve damage, they cautioned. Although most office spaces are designed in a way that _____ (13) long hours at work, our homes lack those facilities.

- (a) colossal
- (b) abundant
- (c) impertinent
- (d) permanent
- (e) enchant

Q13. With schools, colleges and offices allowing studying and working from home, _____ (9) hours of working on computers and laptops have increased chances of _____ (10) an injury due to incorrect posture and strain on muscles. According to health experts, many patients, mostly working professionals, have come in with complaints related to carpal tunnel syndrome and tendonitis in hands and wrists, which make _____ (11) of the hands, wrists and forearms difficult. Left unattended, there is a possibility that these problems could lead to _____ (12) nerve damage, they cautioned. Although most office spaces are designed in a way that _____ (13) long hours at work, our homes lack those facilities.

- (a) applause
- (b) conduces
- (c) vanish
- (d) hostiles
- (e) supports

Directions (14-18): Each question is divided into four parts in which one part contains the error. Choose the incorrect part as your answer. If the sentence is correct as it is, choose "No Error" as your answer choice.

Q14. The government said that (A)/ we should stay at (B)/ home if the number of (C)/ Covid -19 cases increases (D)/ No Error (E)

- (a) A
- (b) B
- (c) C
- (d) D
- (e) No Error

Q15. Except for the doctor, (A)/ there is none who can (B)/ give you a good piece of advice (C)/ for your health issue (D)/ No Error (E).

- (a) A
- (b) B
- (c) C
- (d) D
- (e) No Error

Q16. Excessive losses to banks affect (A)/ every person in the country because (B)/ the amounts deposited in banks (C)/ belongs to the citizens of the country (D)/ No Error (E)

- (a) A
- (b) B
- (c) C
- (d) D
- (e) No Error

Q17. The island-nation has (A)/gone through situations, (B)/ may been not as severe, (C)/ in earlier times as well (D)/ No Error (E)

- (a) A
- (b) B
- (c) C
- (d) D
- (e) No Error

Q18. The collateral damage of (A)/ the war between Ukraine (B)/and Russia is being bear (C)/ by the rest of the world (D)/ No Error (E).

- (a) A
- (b) B
- (c) C
- (d) D
- (e) No Error

Directions (19-22): Which of the phrase/ word from the options (A), (B), (C) and (D) given below each sentence should replace the phrase printed in bold letters to make the sentence grammatically correct? If the sentence is correct as it is, mark (E) i.e., “No replacement required” as the answer.

Q19. One of the candidates **who is applying to** the job this year is waiting in the reception area.

- (a) who are applied to
- (b) that is applied to
- (c) who are applying to
- (d) which are applying to
- (e) No replacement required

Q20. Although people think raindrops look like teardrops, **but they actually look** more like chocolate chip cookies.

- (a) they actually looks
- (b) but they actually looks
- (c) but it actually look like
- (d) they actually look
- (e) No replacement required

Q21. India and South Korea **has experienced considerable** divergence in their respective national objectives.

- (a) have experience considerable
- (b) have experience considerably
- (c) have experienced considerable
- (d) have experiencing considerably
- (e) No replacement required

Q22. A person **must embrace all of** life's facets in order to fully live.

- (a) may embrace all at
- (b) must embraces all of
- (c) must embraced all of
- (d) must embraced all for
- (e) No replacement required

Directions (23-26): Rearrange the given sentences to form a meaningful paragraph. And answer the questions that follow.

(A) But with the spread of education, men have been compelled to take up works quite different from those of their fathers or grandfathers.

(B) The profession of a man was generally determined by the profession of his family or father.

(C) A Man's life and future is depended on his profession (or vocation) and right choice of profession is important.

(D) Man has to earn his living, and different persons do this in different ways, which are their profession or vocations in life.

(E) Thus, professions, doctors, lawyers, administrators etc. desired their children to step into their shoes.

Q23. Which of the following will be **THIRD** sentence after rearrangement?

- (a) D
- (b) C
- (c) A
- (d) E
- (e) B

Q24. Which of the following will be **FIFTH** sentence after rearrangement?

- (a) D
- (b) C
- (c) A
- (d) E
- (e) B

Q25. Which of the following will be **FOURTH** sentence after rearrangement?

- (a) D
- (b) C
- (c) A
- (d) E
- (e) B

Q26. Which of the following will be **SECOND** sentence after rearrangement?

- (a) D
- (b) C
- (c) A
- (d) E
- (e) B

Directions (27-30): In each of the questions given below, a sentence has been divided into **FIVE** parts. Rearrange the parts of the sentence to make a grammatically correct and contextually meaningful statement.

Q27. (A) as light travels with a velocity of

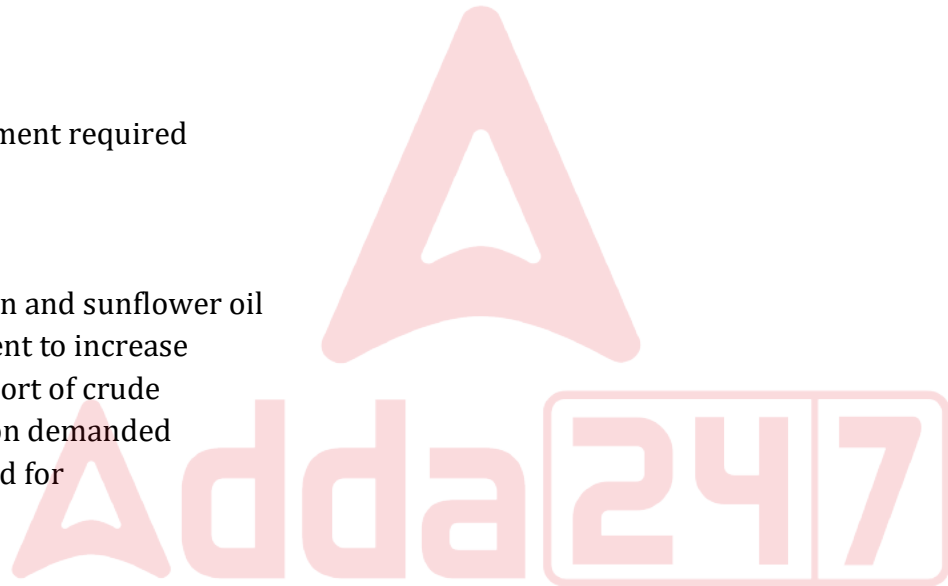
- (B) distant object will take
 - (C) about 3,00,000 km per second,
 - (D) time to reach us on Earth
 - (E) light from a
- (a) EACDB
 - (b) ACEBD
 - (c) No rearrangement required
 - (d) BDCEA
 - (e) DEABC

Q28. (A) soyabean and sunflower oil

- (B) the government to increase
 - (C) duty-free import of crude
 - (D) the association demanded
 - (E) the quota fixed for
- (a) ABDEC
 - (b) CBDAE
 - (c) DBECA
 - (d) BDCAE
 - (e) No rearrangement required

Q29. (A) the previous month driven

- (B) the U.S. government data showed
 - (C) a sharp increase in the
 - (D) by the rise in gasoline prices
 - (E) consumer price index from
- (a) No rearrangement required
 - (b) CBDAE
 - (c) DEABC
 - (d) BDECA
 - (e) BCEAD



- Q30.** (A) river turning it into a toxic
(B) plastic bags and milk bottles is
(C) water body downstream
(D) increasingly gagging the
(E) polyethylene from discarded
(a) ABDEC
(b) CBDAE
(c) EBDAC
(d) BDCAE
(e) No rearrangement required

Solutions

S1. Ans.(d)

Sol. To validate the answer, refer to the first paragraph which mentions, “With the enormous knowledge of nature-based medicine, the relationship of human body constitution and function to nature, and the elements of the universe that act in coordination and affect the living beings, this system will continue to flourish in ages still to come.”

S2. Ans.(e)

Sol. To validate the answer, refer to the first paragraph which mentions, “However, due to many barriers such as lack of literature sources in different languages and insufficiency of awareness about the basic principles and histories of the systems from different ethnic origins, there is a lacuna of exchange of information from systems around the globe.”

S3. Ans.(e)

Sol. For the correct choice, refer to the first paragraph which mentions, “Knowledge of systems from different ethnic origins would bring about interchange of knowledge and increase the understanding of different systems, and this can ultimately contribute to integration and advancement of herbal drug research when accompanied by collaborative work of researchers from different countries”

S4. Ans.(c)

Sol. To validate the answer, refer to the second paragraph which mentions, “The three humors; Vata dosha, Pitta dosha and Kapha dosha are collectively called as “Tridoshas” and they control the basic physiological functions of the body.”

S5. Ans.(d)

Sol. All the given statements are true as per the information given in the passage.

To validate statement (i), refer to the last paragraph which mentions, “Ayurveda believes that the entire universe is composed of five elements: Vayu (Air), Jala (Water), Aakash (Space or ether), Prithvi (Earth) and Teja (Fire).”

To validate the statement (ii), refer to the last paragraph which mentions, “Ayurveda it is believed, that a perfect balance between the nature elements and the Tridoshas of the human body should be maintained for a healthy state of living.”

To validate the statement (iii), refer to the second paragraph which mentions, “These futuristic goals can be accomplished when one gains insights about the systems, the principles and histories and works upon the strengthening aspects common between the various TSMs. “

S6. Ans.(b)

Sol. 'Thrive' has the similar meaning of 'flourish'.

Flourish means grow or develop in a healthy or vigorous way, especially as the result of a particularly congenial environment.

renegade means a person who deserts and betrays an organization, country, or set of principles.

thrive means grow or develop well or vigorously

admonish means warn or reprimand someone firmly.

mitigate means make (something bad) less severe, serious, or painful.

S7. Ans.(d)

Sol. 'Adequacy' is an antonym of 'insufficiency'.

insufficiency means the condition of being insufficient.

endure means suffer (something painful or difficult) patiently.

sideline means an activity done in addition to one's main job, especially to earn extra income.

reiterate means say something again or a number of times, typically for emphasis or clarity.

adequacy means the quality of being satisfactory or acceptable in quality or quantity.

S8. Ans.(a)

Sol. The contextually meaning and grammatically correct word for the given blank is 'contribute'.

contribute means help to cause or bring about.

uprise means rise to a standing or elevated position.

wrath means extreme anger.

pave means cover (a piece of ground) with flat stones or bricks; lay paving over.

S9. Ans.(c)

Sol. The given passage is talking about long hours sitting in a wrong posture while working from home or studying. Therefore the correct word for the blank is 'prolonged'.

(a) firmed means make more solid or resilient.

(b) sustain means strengthen or support physically or mentally.

(c) prolonged means continuing for a long time or longer than usual; lengthy.

(d) echoed means be repeated or reverberate after the original sound has stopped.

(e) uniform means remaining the same in all cases and at all times; unchanging in form or character.

S10. Ans.(a)

Sol. The given sentence is talking about the increase in chances of developing injury due to sitting in incorrect posture. Therefore the correct word for the blank is 'developing'.

(a) developing means growing and becoming more mature, advanced, or elaborate.

(b) Inclining means be favourably disposed towards or willing to do something.

(c) halting means slow and hesitant, especially through lack of confidence; faltering.

(d) periling means expose to danger; threaten.

(e) amplifying means increase the volume of (sound), especially using an amplifier.

S11. Ans.(e)

Sol. The given sentence is talking about the diseases, such as problem in hand movement, reported by the people who work professional. Therefore the correct word for the blank is 'movement'.

- (a) console means comfort (someone) at a time of grief or disappointment.
- (b) frail means weak and delicate.
- (c) spate means a large number of similar things coming in quick succession.
- (d) friction means the resistance that one surface or object encounters when moving over another.
- (e) movement means general activity or bustle.

S12. Ans.(d)

Sol. The sentence is mentioning the possibility of permanent nerve damage if not treated. Therefore the correct word for the blank is 'permanent'.

- (a) colossal means extremely large or great.
- (b) abundant means existing or available in large quantities; plentiful.
- (c) impertinent means not showing proper respect; rude.
- (d) permanent means lasting or intended to last or remain unchanged indefinitely.
- (e) enchant means fill (someone) with great delight; charm.

S13. Ans.(e)

Sol. The sentence is mentioning the office structure which supports long hours at work. Therefore the correct word for the blank is 'supports'.

- (a) applause means approval or praise expressed by clapping
- (b) conduces means help to bring about (a particular situation or outcome).
- (c) vanish means disappear suddenly and completely.
- (d) hostile means showing or feeling opposition or dislike; unfriendly.
- (e) supports means give approval, comfort, or encouragement to.

S14. Ans.(d)

Sol. The error lies in part (D). Here 'increases' should be replaced with 'increased' because when reporting verb is in past tense then we use past tense in reported speech.

S15. Ans.(b)

Sol. The error lies in part (B). Here 'who' should be replaced with 'that'. After all/none/nothing/only/superlative degree, we use only 'that' as a relative pronoun.

S16. Ans.(d)

Sol. The error lies in part (D). Here 'belongs' which is a singular form of the verb should be in plural form i.e. 'belong' for noun 'amounts' which is also plural.

S17. Ans.(c)

Sol. The error lies in part (C). Here 'been' should be replaced with 'be' because 'may' is a modal verb therefore should be followed by base form of the verb i.e. 'be'.

S18. Ans.(c)

Sol. The error lies in part (C). Here 'bear' should be replaced by 'borne' because in the given sentence, verb is in present continuous passive voice and its correct structure should be: subject + is/are + BEING + the past participle.

S19. Ans.(c)

Sol. The correct phrase to replace the incorrect phrase in statement is '**who are applying to**'. Because 'one of' is a singular term and generally used to talk about a noun or a pronoun and the noun or a pronoun used after the phrase "one of" is always in the plural form. When "one of" is followed by a relative pronoun like who or that, use a singular verb to describe "one" but a plural verb to refer to the plural noun.

S20. Ans.(d)

Sol. The correct phrase to replace the incorrect phrase in statement is '**they actually look**'. Since 'although' as a subordinating conjunction implies or introduces a contrast idea and 'but' as a coordinating conjunction contrasts an idea, ideally both may go against the understanding that they negate each idea. Therefore, they both may be ineffective when used together. In option (a), singular verb 'looks' is incorrect for plural noun 'raindrops'.

S21. Ans.(c)

Sol. The highlighted phrase in the sentence is incorrect. Here 'has' is incorrect for the plural noun. In option (a), 'experience' is incorrect as 'have' is followed by v3. In option (b), 'considerably' which is an adverb is incorrect as we need adjective 'considerable' here to modify noun 'divergence' therefore option (d) is also incorrect. Only option (c) is the correct choice.

S22. Ans.(e)

Sol. The highlighted phrase in the sentence is correct hence no replacement required.

S23. Ans.(e)

Sol. Reading through the given sentences it can be seen that the given paragraph is talking about the profession of a man. So, on the basis of this information and going through the idea discussed in each sentence it can be seen that sentence (C) will be the first sentence in the rearrangement which is talking about the importance of man's selection of the right profession. Next in the arrangement will be (D) which is talking about why a man should choose their profession. This will be then followed by (B) which is talking about the inheritance of profession. Next in the arrangement will be (E) which is further explaining the information given in the previous sentence. And the last sentence in the arrangement will be (A) which contradicts the statement (B) and (E). So the final arrangement is CDBEA.

S24. Ans.(c)

Sol. Reading through the given sentences it can be seen that the given paragraph is talking about the profession of a man. So, on the basis of this information and going through the idea discussed in each sentence it can be seen that sentence (C) will be the first sentence in the rearrangement which is talking about the importance of man's selection of the right profession. Next in the arrangement will be (D) which is talking about why a man should choose their profession. This will be then followed by (B) which is talking about the inheritance of profession. Next in the arrangement will be (E) which is further explaining the information given in the previous sentence. And the last sentence in the arrangement will be (A) which contradicts the statement (B) and (E). So the final arrangement is CDBEA.

S25. Ans.(d)

Sol. Reading through the given sentences it can be seen that the given paragraph is talking about the profession of a man. So, on the basis of this information and going through the idea discussed in each sentence it can be seen that sentence (C) will be the first sentence in the rearrangement which is talking about the importance of man's selection of the right profession. Next in the arrangement will be (D) which is talking about why a man should choose their profession. This will be then followed by (B) which is talking about the inheritance of profession. Next in the arrangement will be (E) which is further explaining the information given in the previous sentence. And the last sentence in the arrangement will be (A) which contradicts the statement (B) and (E). So the final arrangement is CDBEA.

S26. Ans.(a)

Sol. Reading through the given sentences it can be seen that the given paragraph is talking about the profession of a man. So, on the basis of this information and going through the idea discussed in each sentence it can be seen that sentence (C) will be the first sentence in the rearrangement which is talking about the importance of man's selection of the right profession. Next in the arrangement will be (D) which is talking about why a man should choose their profession. This will be then followed by (B) which is talking about the inheritance of profession. Next in the arrangement will be (E) which is further explaining the information given in the previous sentence. And the last sentence in the arrangement will be (A) which contradicts the statement (B) and (E). So the final arrangement is CDBEA.

S27. Ans.(b)

Sol. Going through all phrases it can be seen that the given sentence is talking about the speed of the light and the time it takes to reach the earth. So on the basis of this, it can be seen that the correct sequence of the phrases is ACEBD. Thus, the formed sentence will be "As light travels with a velocity of about 3,00,000 km per second, light from a distant object will take time to reach us on Earth."

S28. Ans.(c)

Sol. Going through all phrases it can be seen that the given sentence is talking about the association's demand to increase quota fixed for duty-free import of crude soyabean and sunflower oil. So on the basis of this, it can be seen that the correct sequence of the phrases is DBECA. Thus, the formed sentence will be "The association demanded the government to increase the quota fixed for duty-free import of crude soyabean and sunflower oil"

S29. Ans.(e)

Sol. Going through all phrases it can be seen that the given sentence is talking about the increase in the Consumer Price Index due to the increase in gasoline prices, according to the U.S. government data. So on the basis of this, it can be seen that the correct sequence of the phrases is BCEAD. Thus, the formed sentence will be “The U.S. government data showed a sharp, faster-than-expected increase in the consumer price index (CPI) from the previous month driven by the significant rise in gasoline prices.”

S30. Ans.(c)

Sol. Going through all phrases it can be seen that the given sentence is talking about polythene which is choking the river and turning the river into a toxic waterbody. So on the basis of this, it can be seen that the correct sequence of the phrases is EBDAC. Thus, the formed sentence will be “Polyethylene from discarded plastic bags and milk bottles is increasingly gagging the river turning it into a toxic water body downstream.

