

1. **Fillip (noun)**

**Meaning;** Something that excites or stimulates.



**Synonyms:** incitement, boost

**Antonyms:** discouragement, restraint

2. **Grisly (adjective)**

**Meaning;** Horrifyingly repellent; gruesome, terrifying.



**Synonyms:** frightful, gruesome

**Antonyms:** pleasant, charming

3. **Fraught (adjective)**

**Meaning;** Distressed or causing distress



**Synonyms:** anxious, upset

**Antonyms:** placid, calm

4. **Stirring (adjective)**  
**Meaning;** invigorating



**Synonyms:** thrilling  
**Antonyms:** boring

5. **Jovial (adjective)**  
**Meaning;** Cheerful and good-humoured; jolly, merry.



**Synonyms:** cheerful  
**Antonyms:** depressed

6. **Respite (meaning)**  
**Meaning;** A brief interval of rest or relief.



**Synonyms:** rest, interval  
**Antonyms:** continuous, ceaseless

7. **Obfuscation (noun)**  
**Meaning;** Confusion, bewilderment, or a baffled state



**Synonyms:** confusion  
**Antonyms:** clarification