

FSSAI CFSO PYQ Mock Paper

1. Select the option that is related to the third term in the same way as the second term is related to the first term.
FGKL : DEMN :: HEOS : ?
(a) FDOU
(b) ECQU
(c) EFQU
(d) FCQU
Ans.(d)
2. Select the option that is related to the third term in the same way as the second term is related to the first term.
1, 10, 30, 68?
(a) 125
(b) 135
(c) 130
(d) 120
Ans.(c)
3. Which of the following numbers does NOT belong to the given number series?
-2, 6, 62, 218, 510, 998
(a) 6
(b) 510
(c) 62
(d) 218
Ans.(d)
4. In a certain code language TROUBLE is written as GNDWQTV. How would the word TEACHER be written in the same code language?
(a) THJEDHV
(b) TGJEDGV
(c) TGIFDGV
(d) TGJECGV
Ans.(d)
5. किसी घड़ी में समय 8:20 दिखाया जा रहा है। घड़ी की सूइयों से बनने वाला कोण कितना होगा?
(a) 140°
(b) 125°
(c) 130°
(d) 150°
Ans.(c)
6. which closed nuclear plant was commissioned again in 2019?
(a) Kalpakam, Tamil Nadu
(b) Tarapur, Maharashtra
(c) Rawatbhata, Rajasthan
(d) Kudankulam, Tamil Nadu
Ans.(d)
7. 15 वीं सदी के भारत में कृषि करों की 60 से अधिक राशि किस मद में खर्च की गई?
(a) विदेशी वस्तुओं की खरीद
(b) महलों का निर्माण
(c) युद्ध और शस्त्रागार की खरीद
(d) ग्राम सुधार
Ans.(d)
8. which regions in India are specially considered for the Special Area Games Support Programme by the Sports Authority of Indian?
(a) Village youth
(b) Girls and Women
(c) Youth under 18 years
(d) Hill and coastal areas
Ans.(d)



9. 23 मई को मानये जानेवाले विश्व कछुआ दिवास का मुख्य फोकस क्या होता है
(a) तालाबों और तटीय क्षेत्रों में रोपण करना
(b) साइकिल जागरूकता अभियान
(c) कछुओं के प्रति ज्ञान और सम्मान बढ़ाना
(d) ओडिश में चक्रवाता के बाद समुद्र तट की सफाई करने
Ans.(c)

10. Of which South-East-Asian country did Joko Widodo become the President in 2019

- (a) Nauru
- (b) Indonesia
- (c) Malaysia
- (d) Java

Ans.(b)

11. The following sentence has been divided into four parts. Identify the part that has an error.

You will have/to pay heavy/for this mistake/ of yours.

- (a) for this mistake
- (b) of yours
- (c) to pay heavy
- (d) You will have

Ans.(c)

12. Select the INCORRECTLY spelt word.

- (a) business
- (b) accelerate
- (c) despair
- (d) believe

Ans.(a)

13. Select option that can substitute the underlined part of the sentence. If no substitution is needed, select 'No improvement required'.

This is one of the most interesting films that has been produced on the subject of social equality.

- (a) which was being
- (b) No improvement required
- (c) that have been produced
- (d) that has been produced

Ans.(c)

14. Select the most appropriate ANTONYM of the given word.

AUTHENTIC

- (a) real
- (b) genuine
- (c) spurious
- (d) original

Ans.(c)

15. Select the most appropriate synonym of the given word.

EXAGGERATE

- (a) demonstrate
- (b) appreciate
- (c) inflate
- (d) eradicate

Ans.(c)

16. _____ is a tool built into Microsoft Excel to summarize, sort, reorganize, group, count, total or average data stored in a database.

- (a) Filtering and Sorting
- (b) Data Analysis
- (c) Pivot Table
- (d) Power View

Ans.(c)

17. Which of the following is not a valid email address?

- (a) Rekha.mennon@Gmail.com
- (b) NARASIMHA@OUTLOOK.COM
- (c) vikas@vikas.in
- (d) Aniruddha.Banerjee@ms.ind

Ans.(d)

18. The "Word Count" in Google docs does not have one of the following options. Which one is it?

- (a) Pages
- (b) Paragraphs
- (c) Characters
- (d) Words

Ans.(b)

19. To use the exact same font type, size and colour in the title of all the slides in a PowerPoint presentation, you will:

- (a) Use Slide Sorter
- (b) Use file Master
- (c) Use Format brush and make titles identical
- (d) Use Slide Master.

Ans.(d)

20. The term GHz is an indicator of which feature of the computer?

- (a) Number of Pixels
- (b) Screen Resolution
- (c) Speed
- (d) Storage

Ans.(c)

21. Which of the following is an Open Sourced Software?

- (a) Android
- (b) Windows
- (c) Internet Explorer
- (d) Linux

Ans.(d)

22. _____ technology could be used to connect a computer to a phone or headphone without any wires or special connectors.

- (a) Wifi
- (b) Bluetooth
- (c) Infrared
- (d) Cloud

Ans.(b)

23. Match the short cuts in the left column with the functions listed in the right column, w.r.t. Microsoft Word.

- A. Ctrl+X (i) Create a new document
B. Ctrl+V (ii) Search a document
C. Ctrl+N (iii) Cut selected text to Clipboard
D. Ctrl+F (iv) Paste the clipboard contents

- (a) (A, iv), (B, iii), (C, ii), (D, i)
(b) (A, iii), (B, iv), (C, i), (D, ii)
(c) (A, iv), (B, iii), (C, i), (D, i)
(d) (A, iii), (B, iv), (C, ii), (D, i)

Ans.(b)

24. Which of the following statement is not true about WhatsApp?

- (a) It allows sending of voice message and pictures.
(b) It can be used to make audio calls.
(c) It is a free to download messenger app for smartphones.
(d) It is well integrated with Facebook.

Ans.(d)

25. _____ is a valuable resource for career and business professionals to network; obtain resources and support; and build relationships with potential customers, clients, and partners.

- (a) Facebook
(b) Twitter
(c) LinkedIn
(d) Instagram

Ans.(c)

26. Agricultural and Processed Food Products Export Development Authority Was established by the Government of India in:

- (a) December, 1985
(b) December, 1980
(c) February, 1986
(d) January, 1980

Ans.(c)

27. In case the seized food article is perishable and is unfit for human consumption, the Food Safety Officer should:

- (a) Send the sample for analysis
(b) After giving notice in writing to the FBO, destroy the same
(c) Destroy the same without notifying the FBO
(d) Return the same to the FBO, after notifying him in writing

Ans.(b)

28. The objective of the edible oils packaging (Regulation) order 1998 is to:

- (a) Ensure that the solvent extracted oils do not reach the consumers before they are refined.
(b) Ensure easing in vegetable oil product prices.
(c) Ensure to conform to the quality standards specified in the Order.
(d) Ensure the availability of safe and quality edible oils.

Ans.(d)

29. The full form of IUU fishing is:

- (a) Illegal, Unreal and Unregulated
(b) Imported, Unreported and Unregulated
(c) Illegal, Unreported and Unregulated
(d) Illegal, Unreported and Unregistered

Ans.(c)

30. BIS certification for drinking water is a:

- (a) Binding regulation
(b) Obligatory standard
(c) Voluntary standard
(d) Mandatory standard

Ans.(c)

31. BIS is the National Standards body supported by:

- (a) Ministry of Home Affairs
(b) Ministry of Health and Quality of Life
(c) Ministry of External Affairs
(d) Ministry of Consumer Affairs, Food and Public Distribution

Ans.(d)

32. A society that organizes grass root level awareness programmes among fishermen, fisherwomen, processing workers and other stakeholders, thereby changing their mindset toward fish quality management and responsible fishing is called as:

- (a) NETFISH
(b) APEDA
(c) COO
(d) MPEDA

Ans.(a)



33. An important catalyst in the conception of the Codex Alimentarius Commission is:
 (a) International Dairy Federation
 (b) United Nations Economic Commission for Europe
 (c) World health organization
 (d) Food and Agriculture Organization
Ans.(a)
34. A Petty food manufacturer is someone who has a tiny food businesses with an annual turnover not exceeding:
 (a) ` 18 lakhs
 (b) ` 16 lakhs
 (c) ` 12 lakhs
 (d) ` 14 lakhs
Ans.(c)
35. The Food Authority comprises of 22 members of which women shall make up to:
 (a) Three fourth
 (b) One-third
 (c) Two-third
 (d) Half
Ans.(b)
36. The Designated officer performs the following functions except:
 (a) Sanction and launch prosecutions
 (b) Issuing and cancelling licenses of FBO's
 (c) Seize any article of food
 (d) Investigate any complaint against FSO'S
Ans.(c)
37. As per the FSSA2006, purchaser may have any food article analysed by:
 (a) Informing the food business operator at the time of purchase of his intention
 (b) Sending purchased food for analysis without informing the FBO
 (c) Sending two parts to the food safety officer
 (d) Dividing the sample into three parts
Ans.(a)
38. Which of the following is NOT a part of 'risk analyses'?
 (a) Risk assessment
 (b) Risk communication
 (c) Risk prevention
 (d) Risk management
Ans.(a)
39. Health is defined as a state of complete physical, mental and social well-being and not merely the absence of disease of infirmity by:
 (a) WHO
 (b) UNESCO
 (c) FSSAI
 (d) FAO
Ans.(c)
40. Codex standards are used to:
 (a) Increase the revenue collection
 (b) Standardize the products by the manufacturers
 (c) Protect the interest of the food manufacturers
 (d) Protect the health of the consumers and ensure fair practices in the food trade.
Ans.(d)
41. 'Adulterant' means:
 (a) Any article obtained from a diseased animal
 (b) Any coloring matter other than that prescribed
 (c) Any material employed for the purpose of adulteration
 (d) Any article containing any poisonous ingredient
Ans.(c)
42. The licensing authority for the manufacture of mineral water and packaged drinking water in India is:
 (a) PFA
 (b) FPO
 (c) BIS
 (d) AGMARK
Ans.(d)
43. Maximum residue limits for individual pesticides in or on specific commodities is proposed by:
 (a) JEMRA
 (b) MRA
 (c) JECFA
 (d) JMPR
Ans.(d)
44. The organization responsible for formulating Indian Standards for fresh and processed fish is:
 (a) APEDA
 (b) MPEDA
 (c) AGMARK
 (d) BIS
Ans.(d)
45. कोडेक्स मानक निम्न में से क्या हैं?
 (a) अनवार्य
 (b) आवश्यक
 (c) स्वैच्छिक
 (d) अपरिहार्य
Ans.(c)
46. Chairperson of the Food Authority should be well versed in the field of:
 (a) Engineering
 (b) Social science
 (c) Food Science
 (d) Medicine
Ans.(c)

47. The director of APEDA is appointed by:

- (a) Central government
- (b) State government
- (c) Food Authority
- (d) APEDA

Ans.(d)

48. The full form of MRA is:

- (a) Microbiological Risk Assessment
- (b) Marine Risk Assessment
- (c) Micro Risk Assessment
- (d) Major Risk Assessment

Ans.(a)

49. An autonomous commercial policy instrument, directed to promote and sustain mutual trade and to develop economic co-operation among countries is termed as:

- (a) Certificate of clearance
- (b) Certificate of origin
- (c) Certificate of assurance
- (d) Certificate of assurance

Ans.(b)

50. The function of MPEDA include:

- (a) Making international trade easy
- (b) Provide infrastructural facilities for seafood import trade.
- (c) Promotion of international marine products in Indian market.
- (d) Inspection of marine products, its raw material, fixing standards and specifications.

Ans.(d)

51. "Risk management" is a process that includes:

- (a) Hazard identification
- (b) Interactive exchange of information and opinions
- (c) Hazard characterization
- (d) Evaluation of policy alternatives

Ans.(d)

52. FSSAI को किसके द्वारा अनिवार्य किया गया है?

- (a) केंद्र सरकार
- (b) राज्य सरकार
- (c) FSS अधिनियम 2006
- (d) WHO

Ans.(c)

53. "खाद्य व्यवसाय ऑपरेट" वह व्यक्ति है जो:

- (a) अपना खुद का व्यवसाय चलाता है औस खाद्य अधिनियम के नियमों और विनियमों का पालन करता है।
- (b) निजी व्यवसाय के लिए काम करता है और खाद्य अधिनियम के नियमों और विनियमों का पालन करता है।
- (c) किसी खाद्य निर्माण कंपनी के लिए काम करता है जो खाद्य अधिनियम के नियमों और विनियमों का पालन करता है।
- (d) व्यवसाय चलाता है और जो FSSA अधिनियम, नियमों और विनियमों का अनुपालन सुनिश्चित करने के लिए जिम्मेदार है।

Ans.(d)

54. "Food business" means:

- (a) Sale of food or food ingredients for no profit.
- (b) A person by whom the business is carried on
- (c) Sale of food or food ingredients for profit or not and whether public or private.
- (d) Sale of food or food ingredients for profit.

Ans.(c)

55. To promote safe and healthy food, FSSAI has launched a training toolkit for health under the scheme:

- (a) Jaago Grahak Jaago
- (b) Swachh Bharat
- (c) Satvik Khaana
- (d) Ayushman Bharat

Ans.(d)

56. Dehradun-based Indian Institute of Petroleum has pilot tested to convert used cooking oil into:

- (a) Bio-ethanol
- (b) Bio-aviation turbine fuel
- (c) Bio-diesel
- (d) Bio-methanol

Ans.(b)

57. One-step resource for managing all activities of food testing through online interface is called as:

- (a) FSSAI website
- (b) IFS Quick Access
- (c) FPAS
- (d) INFOLNET

Ans.(d)

58. "Food" means any substance that is:

- (a) Processed and is intended for human consumption.
- (b) Unprocessed and is intended for human consumption.
- (c) Genetically modified or engineered food intended for human consumption.
- (d) Processed or unprocessed which is intended for human consumption.

Ans.(d)



59. Trans fats can be avoided by:
 (a) Avoiding "Vanaspati" ghee for cooking
 (b) Choosing meat and dairy products
 (c) Consumption of baked/processed foods like biscuit/fan, cake and chips
 (d) Leaving food in the oil for a long time
Ans.(a)
60. "Consumer" is defined as:
 (a) Persons and families purchasing and receiving food in order to meet their personal needs.
 (b) A single family that consumes food.
 (c) Persons receiving food to sell or to meet their personal needs.
 (d) A person who purchases food.
Ans.(a)
61. Milk and Milk Product Order was promoted by the Government of India under the provisions of:
 (a) Food Safety and Standards Act
 (b) FSSAI
 (c) Essential Commodities Act
 (d) Ministry of Home Affairs
Ans.(c)
62. 'IFS Quick Access' is a system developed by:
 (a) FSSAI
 (b) WHO
 (c) FAO
 (d) UNO
Ans.(a)
63. As per the provisions of MMPO, a person/dairy plant needs to be registering authority appointed by central government it :
 (a) Any person/dairy plant is handling <500 MT of milk solids/per annum
 (b) Any person/dairy plant is handling <10,000 liters/day of milk
 (c) Any person/dairy plant is handling >1000 MT of milk solids/per annum
 (d) Any person/dairy plant is handling >10,000 liters/ day of milk
Ans.(d)
64. Third party private auditing of FBO will :
 (a) More frequent regulatory inspections by central or state licensing authority
 (b) Increase the gap between regulators led enforcement and field level non-compliance
 (c) Reduce the Food Safety Inspections conducted by licensing authorities
 (d) Facilitate free of cost auditing for FBOs
Ans.(c)
65. The project 'Clean Street Food' is an initiative taken up under a 360° approach to:
 (a) Food Safety and Healthy Nutrition.

- (b) Safety
 (c) Food adulteration
 (d) Hygiene
Ans.(a)

66. Micronutrient malnutrition leads to:
 (a) Goiter
 (b) Diabetes
 (c) PEM
 (d) Obesity
Ans.(a)

67. "Risk assessment" means a scientifically based process consisting of :
 (a) 8 steps
 (b) 4 steps
 (c) 10 steps
 (d) 6 steps
Ans.(b)

68. The head office of FSSAI is situated in :
 (a) Mumbai
 (b) Bangalore
 (c) Delhi
 (d) Chennai
Ans.(c)

69. "Ingredient" means:
 (a) An extraneous matter present in the final product
 (b) A substance that modified in the end product
 (c) Any substance used to prepare food
 (d) A food additive used in food preparation
Ans.(c)

70. A healthy food contains trans fatty acids content of :
 (a) <0.2 gram per serving
 (b) <1 gram per serving
 (c) >1 gram per serving
 (d) >0.2 gram per serving
Ans.(a)

71. A system integrating all Food Safety Standards and Regulations for providing quick access to vertical as well as horizontal standards is called :
 (a) Indian Food Standards Quick Access
 (b) FSSAI
 (c) FSSA
 (d) International Food Standards
Ans.(a)

72. The objective of clean street hub includes :
 (a) Making eat out places free of crime
 (b) Making eat out places free of eve teasers
 (c) Rigorous implementation of hygiene and safety in the eat out places.
 (d) Popularizing Indian cuisine
Ans.(c)

73. Online service, namely, the “Food Product Approval System” is developed to :
- (a) Regulate manufacture, storage, distribution, sale and import of food article.
 - (b) Identify if a food product requires approval from FSSAI
 - (c) Ensure safe and wholesome food for human consumption.
 - (d) Develop food standards, regulations, and guidelines.

Ans.(b)

74. “Hazard” means a
- (a) Biological or chemical agent in food which can cause as adverse health effect.
 - (b) Biological or physical agent in food which can cause an adverse health effect.
 - (c) Biological, chemical or physical agent in food which can be beneficial or may cause an adverse health effect.
 - (d) Biological, chemical or physical agent in food which can cause an adverse health effect.

Ans.(d)

75. Authorities jointly responsible for implementation and enforcement of FSSA, 2006.
- (a) FSSAI and central Food Authorities
 - (b) FSSAI and FAO
 - (c) WHO and FAO
 - (d) FSSAI and state Food Authorities

Ans.(d)

76. Example of a “commercially sterile” product is :
- (a) Pickles
 - (b) Canned foods
 - (c) Boiled milk
 - (d) Fruit juices

Ans.(b)

77. The standard plate count is not applicable to :
- (a) RTE foods which has only cooled ingredients
 - (b) Deep fried products
 - (c) Fresh fruits and vegetables
 - (d) RTE food which has cooked ingredients and some added ingredients where no cooking process has been used

Ans.(c)

78. At temperatures above freezing, activities of food borne microorganisms can be :
- (a) Stopped
 - (b) Slow
 - (c) Rapid
 - (d) Quick

Ans.(b)

79. Antinutrients are also termed as
- (a) Metabolic by product
 - (b) Synthetic toxicants
 - (c) Natural toxicant
 - (d) Primary metabolites

Ans.(c)

80. Water soluble vitamins include :
- (a) Carotenoids
 - (b) Ascorbic acid
 - (c) Vitamin D
 - (d) Vitamin K

Ans.(b)

81. Benzoic acid is mostly used to preserve colored products because :
- (a) Of its bleaching action
 - (b) It may darken the product.
 - (c) Of its characteristic aroma
 - (d) It may lighten product

Ans.(b)

82. If a manufacturing company does not adhere to CGMP regulations :
- (a) Any drug manufactured by such company will be considered “adulterated”.
 - (b) No action will be taken, if the drugs are safe
 - (c) The company will be closed instantly.
 - (d) It means that there is necessarily something wrong with the drug.

Ans.(a)

83. Excess glucose gets stored in liver in the form of :
- (a) Glycogenesis
 - (b) Glycolysis
 - (c) Glucagon
 - (d) Glycogen

Ans.(d)



84. Calories provided by 1g of fat is :

- (a) 4
- (b) 10
- (c) 8
- (d) 9

Ans.(d)

85. The dose of ionizing radiation radappertization is :

- (a) 30(MK) kGy
- (b) 20(MK) kGy
- (c) 10(MK) kGy
- (d) 3(MK) kGy

Ans.(d)

86. Chemical preservative is defined as a chemical compound that :

- (a) Retard alterations caused by microorganisms in food
- (b) Increases the nutritional value of the fruit
- (c) Hasten ripening
- (d) Speed up alterations caused by microorganisms in food

Ans.(a)

87. Fat soluble vitamins include:

- (a) Vitamin C
- (b) Ascorbic acid
- (c) Vitamin A
- (d) B complex vitamins

Ans.(c)

88. 1 Gray (Gy) =

- (a) 10 rads
- (b) 100 rads
- (c) 1 rad
- (d) 1000 rads

Ans.(b)

89. Psychrophilic microorganisms grow over the temperature range of :

- (a) -23 to -29°C
- (b) subzero to 20 °C
- (c) 0 °C
- (d) >20 °C

Ans.(b)

90. Radiation dose is defined as the :

- (a) Quantity of radiation energy liberated the food when it passes through the radiation field during processing

(b) Quantity of radiation energy scattered by the food when it passes through the field during processing

(c) Quantity of radiation energy absorbed by the food when it passes through the radiation field during processing

(d) Quantity of radiation energy dispersed by the food when it passes through the radiation field during processing

Ans.(c)

91. The mineral found in haemoglobin is called as :

- (a) Sodium
- (b) Protein
- (c) Iron
- (d) Calcium

Ans.(c)

92. Asepsis is a process of :

- (a) Keeping microorganisms out
- (b) Removal of microorganisms
- (c) Maintenance of anaerobic conditions
- (d) Adding chemicals

Ans.(a)

93. Sulphur dioxide is widely used to preserve :

- (a) Papads
- (b) Nectar
- (c) Cheese
- (d) Milk

Ans.(b)

94. Listeriosis is generally caused by:

- (a) Hepatitis A virus
- (b) L. monocytogenes
- (c) Norovirus
- (d) E. coli

Ans.(b)

95. One of the major causes for food spoilage are :

- (a) Lack of oxygen
- (b) Reaction with carbon dioxide
- (c) Stored at a very low temperature
- (d) Gain or loss of moisture

Ans.(d)

96. When a food spoils, its texture becomes slimy because of the:

- (a) Development of nitrogenous compounds
- (b) Chlorophyll breakdown
- (c) Development of sulphides
- (d) Surface accumulation of microbial cells

Ans.(d)

97. According to FSSAI rules, class II preservatives includes :

- (a) Acetic acid
- (b) Dextrose
- (c) Nicin
- (d) Glucose

Ans.(c)

98. A process where food is frozen at -18°C on trays and under high vacuum is called as :
- (a) Quick freezing
 - (b) Cryogenic freezing
 - (c) Freeze drying
 - (d) Dehydro-freezing

Ans.(c)

99. The “c” in “cGMP” stands for :
- (a) UP to date
 - (b) Commitment

- (c) Current
 - (d) Content
- Ans.(c)**

100. Sulphur dioxide cannot be used to preserve naturally colored juices because of its :

- (a) Characteristic flavor
- (b) Characteristic aroma
- (c) Liberation of CO_2
- (d) Bleaching action

Ans.(d)

